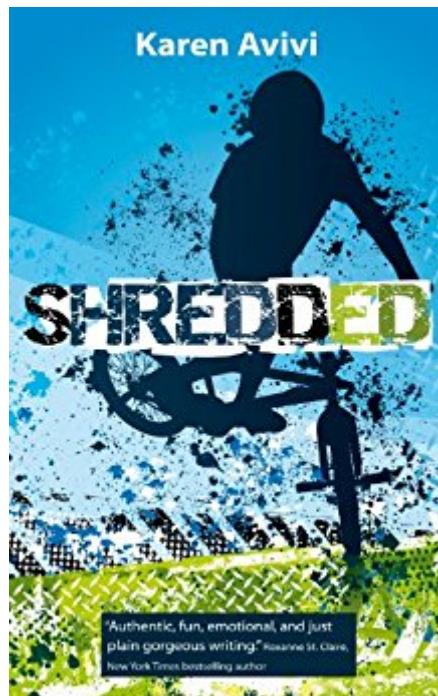


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# Shredded



## Synopsis

Drop into the world of rule-breaking, gravity-defying girls who shred riding freestyle BMX. Josie Peters thinks she'll do anything to ride in the Ultimate BMX freestyle event the summer before her senior year. To hit the qualifying events in the Midwest, Josie and her friends take off on a summer road trip where late-night parties, an intimidating mega ramp, and the lure of sponsorships spark friction between the girls. When Josie's best chance for success depends on her relationship with flashy rider R.T. Torres, she has to decide what she's trying to win and how much she'll sacrifice. More than a girls' sports book or a BMX biking book, *Shredded* by Karen Avivi is a motivating push-your-limits story that takes on feminism, friendship, sexism, and sibling rivalry. Even readers unfamiliar with BMX or extreme sports will be caught up in the adrenaline rush of Josie's tricks, wipeouts, and wins. Hints of romance provide extra conflict without overtaking the main plot. Ideal for fans of realistic young adult fiction, *Shredded* features a strong female lead character who goes after what she wants by taking action. "Authentic, fun, emotional, and just plain gorgeous writing." - Roxanne St. Claire, New York Times bestselling author

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## Customer Reviews

I picked this book for my 11-year-old reluctant reader and bmx rider. Like most boys, he didn't give me any details, but I did notice that he reached for the book before his gaming a few times and that alone would make it 5 stars for me. Since this is not normal, I read it, and although it's a strong girl-power book, there's a lot of action and the author goes into technical details about riding, but even for a non-rider (like me) this part is interesting. I think the author did a good job of capturing a teen's point of view, and the main character's sometimes impulsive decisions rang true to teenage behavior. I also found no errors in the book (I wasn't looking for any, but so many indie book authors seem to not know the difference between an adverb and an adjective), so I was quite happy. My only complaint is that this author has only one book written. Write more, please!! Maybe write a book on lacrosse or surfing? ;)

Shredded has all the ingredients of a fun summer read—road trips, friendships, competitive sports, and a little romance—and is perfect for fans of *Dairy Queen* and *Derby Girl*. The novel follows sixteen-year-old Josie Peters as she sets out to qualify for the BMX circuit the summer before her senior year. Josie knows it won't be easy, but if nothing else, it's an excuse for a road trip with her friends and a chance to recover from a disastrous year at school. At least that's the plan. But Josie is no dilettante when it comes to competitive sports and soon finds herself drawn into the male-dominated world of BMX, in which she must navigate the hairpin turns of professional and personal relationships. Along the way, she gets a little help from her friends. The author has a fine eye for friendships, and the girls on the circuit provide much of the fun while buoying Josie's spirits. The BMX setting is fully developed and despite a smattering of technical language, still makes for an easy read. Avivi selects her details with care, using them to pull us into Josie's world and keep us there without overwhelming. The author is equally circumspect about the feminist themes that give the novel its weight. She is never heavy handed in her treatment of the subject, and Josie's character is a complex mixture of girly and tough as she negotiates the BMX scene on her own terms, changing the rules to suit the situation and reflect her growth. And not always comfortably. This is accomplished writing and a strong debut. I can't wait to see what this author does next. Write faster, Karen Avivi!

Girl power!

What a joy to read an ebook that isn't full of typos and grammatical mistakes! This book should soon hit the junior high list of "approved reading for book reports". The lead character is too tightly wound for me to identify with, yet she is perfectly realistic. A girl who thinks for herself and has some fun friends. My favorite character is her friend Connor who provides welcome comic relief--he provided me with several laugh out loud moments. The book starts out as though it might have a "My So-Called Friends" flavor, but that soon changes as the characters develop. Even the sports centered egotistical brother does some growing.

What a great story. A fun, pleasant read and well worth it. Hard to put down at times because you just want to know what happens next. Good character development and a myriad of interesting characters. A girl who can do whatever the guys can when she puts her mind to it...GO JOSIE! I really enjoyed it and am looking forward to the next story by this author.

This book was so cool. Shredded is very different from any other young adult contemporary book that I have ever read. I'm not even really a huge fan of young adult contemporary, but I loved this book, and there definitely needs to be more novels like this on the market. I think that I can probably count on one hand the number of YA books I've read in which the female protagonist plays a sport and it's mentioned more than just "oh I went to tennis practice." And this book isn't just about any old sport either...this book is about BMX riding. I didn't even know that BMX riding was an option as a sport when I was growing up. And I'm sure I'm not the only one. More girls need to be exposed to awesome sports like this...and, like Julie says, not just because their older brother's into it. Julie's story starts when, after she lands her first back flip at a skate park, she finds out that her boyfriend has been cheating on her. This moment creates a theme that transcends this whole novel...girls are multifaceted, and they shouldn't just be looked at as either girly, manly, nonexistent, or in the way. And that's what's so great about Shredded. This book is groundbreaking and inspirational, but Julie isn't the perfect pedestaled heroine, either. Yes, she is brave, tough, and amazing...but she's also scared, an underdog, and real. She does backflips and tail whips, but she also cries when she realizes all her friends are leaving her for the summer, and is embarrassed when she has to go to prom with bruises on her face from falling off her bike. Josie is exactly the kind of role model I would want for my daughter. Somebody who is a completely normal girl, but overcomes incredible obstacles while still maintaining her unique and lovable personality. And I adored Julie. For some reason, I was able to connect with her very well. She underwent a lot of struggles that a lot of

teenage girls go through, like dealing with sibling rivalry, overprotective parents (oh my god, were her parents awful), growing apart from a best friend, and defining relationships with male friends. But she also kicks butt at BMX riding. I loved reading all of the scenes with her riding BMX at competitions. This book allowed me a glimpse into a very exciting and interesting world that I previously knew nothing about. And even if I don't want to go hop on a BMX bike after reading Shredded, I still want to go out there and do something...and any book that makes you feel like that is truly special. I have to be honest...I really wanted to give this book 5 stars. But ultimately I had to go with only 4, because of the ending. While I liked the ending in general, there were a bunch of loose ends that weren't addressed, and I wish that the book had been slightly longer in order to reveal what happened with those plot lines, for example: Josie's brother's relationship status and Josie's relationship with Conner. It was all just tied up way too quickly, I thought. But I still think that this book is extremely underrated and should be widely read amongst teenage girls, particular those still in middle school. I also think that this book has just barely scraped the surface of an extremely important and relevant topic that there needs to be so much more of in the world of YA contemporary lit. There is so much potential here, and I'm excited to see more books like this in the future.

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